

Hale and Hearty Gluten Free Soups April 2009

7 Herb Bistro Chicken	Chilled Summer Tomato	Moroccan Lamb	Steak and Potato
Asparagus Potato Leek	Chilled Tomato Orange	Moroccan Red Lentil	Summer Beef Vegetable
Bacon Cheddar Cheeseburger	Chunky Chicken Chowder	Mulligatawny	Summer Vegetable
Baja Shrimp	Chunky Potato Leek	Mushroom Artichoke	Sweet Corn and Tomato Chowder
Beef Stroganoff	Classic Beef Stew	New England Clam Chowder	Sweet Corn Chowder
Black Lentil with Double Bacon	Classic Black Bean	Parsnip Apple Cheddar	Sweet Crab Chowder
Black Lentil with Meatballs	Coconut Shrimp	Philly Cheese Steak	Sweet Potato Bisque
Black Lentil with Smoked Turkey	Crab and Tomato	Potato Italian Sausage	Sweet Potato Chicken Chowder
Boston Baked Bean	Crab Asparagus Bisque	Red Lentil with Cumin and Lentil	Tailgate Chili
Boston Shrimp Chowder	Crab Bisque	Potato Wild Mushroom	Tarragon Chicken
Broccoli Cheddar	Cream of Broccoli	Rhode Island Clam Chowder	Ten Vegetable
Broccoli Cheddar Mashed	Cream of Chicken with Rice	Roadhouse Chili	Thai Carrot with Shrimp
Campfire Vegetarian Chili	Cream of Tomato	Roasted Butternut Squash	Three Bean Chili
Cauliflower Cheddar	Cream of Wild Mushroom	Roasted Pumpkin Bisque	Three Lentil Chili
Chicken and Wild Mushroom Stew	Creamy Chicken Broccoli	Roasted Vegetable Chowder	Tomato Basil with Rice
Chicken Asparagus Bisque	Cuban Black Bean	Roman Tomato S&P	Tomato Cheddar
Chicken Black Bean Chili	Curried Cauliflower	Sausage and Blackbean	Tomato Eggplant
Chicken Cacciatore	Curried Shrimp and Corn Bisque	Seafood Chowder	Tomato Florentine
Chicken Chili	Curried Vegetable	Seafood Jambalaya	Tomato Lentil
Chicken Corn Bisque	Curry Chicken Chowder	Seafood Pot Pie	Tomato Seafood Bisque
Chicken Fagioli	Curry Chicken Tomato	Senegalese Chicken	Tomato Wild Rice
Chicken and Sausage Jambalaya	Fall Harvest Vegetable	Shellfish Bouillabaise	Tomato Zucchini
Chicken Marsala	French Onion Cheddar	Shrimp and Asparagus Bisque	Turkey Chili
Chicken Mushroom Wild Rice	Ginger Butternut Squash	Shrimp and Black Bean Chili	Turkey Dinner
Chicken Pot Pie	Ginger Carrot Artichoke	Shrimp Bisque	Turkey Pot Pie
Chicken, Sausage and Seafood Paella	Ginger Crab and Corn	Shrimp Creole	Tuscan White Bean
Chicken with Sweet Italian Sausage	Golden Summer Tomato	Smoked Turkey Corn Chowder	Two Cheddar Chowder with Bacon
Chicken Tomato Florentine	Green and Yellow Split Pea	Southwest Chicken Cheddar	Vegetable Jambalaya
Chicken Vegetable (Plain)	Hale and Hearty Gazpacho	Southwest Shrimp Corn Chowder	Vegetarian Black Lentil
Chicken Wild Mushroom Bisque	Hearty Tomato Vegetable	Spanish Lentil with Chorizo	Vegetarian Split Pea
Chilled Asparagus Potato Leek	Hungarian Beef Goulash	Spiced Coconut Pumpkin Bisque	Vegetarian Sweet Corn Chowder
Chilled Carrot Ginger	Hungarian Wild Mushroom	Spiced Lentil with Spinach	Vegetarian Tomato Cheddar
Chilled Cucumber Yogurt Dill	Italian White Bean with Escarole	Spiced Shrimp and Sweet Potato	White Bean Broccoli SDT
Chilled Curried Corn	Loaded Baked Potato	Spinach Artichoke Cheddar	Wild Mushroom Fagioli
Chilled Potato Leek	Manhattan Clam Chowder	Spinach Bisque	Wild Mushroom Lentil
Chilled Roasted Pepper Vichysoise	Maryland Crab	Spinach Mushroom and Leek	Winter Chicken
Chilled Shrimp Asparagus	Mexican Chicken Pozole	Split Pea with Rosemary	Winter Russian Beef
Chilled Spring Pea with Mint	Moroccan Chicken	Split Pea with Smoked Turkey	Winter Vegetable
			Yellow Lentil with Curried Chicken

Gluten Statement: The soups on the “Gluten-Free Soup List” are NOT guaranteed to be 100% Gluten-Free. This list has been compiled from information obtained directly from “Gluten-Free Information” websites as well as from our vendors’ product labels. Information on product labels and “Gluten-Free” websites changes from time to time and therefore the “Gluten-Free Status” may change as well. In addition, our soups are not prepared in a “Gluten-Free” kitchen. We will continue to keep all dietary information as up to date as possible. Also, should you have any questions or concerns about Gluten Allergies, Celiac Disease or your own health consult a doctor or healthcare specialist.